







































# PARKGATE SPRING SUMMER MENU 2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MENU KEY:
<b>WEEK ONE</b> 13/04/2026 04/05/2026 01/06/2026 22/06/2026 13/07/2026 07/09/2026 28/09/2026 19/10/2026	<b>Red Option</b>	Macaroni Cheese	 Phat Pasty Pork Sausage Roll with Potato Wedges	Roast Chicken/Halal Chicken, Stuffing, Roast Potatoes & Gravy	 Spaghetti Bolognaise	Fishfingers with Chips & Tomato Sauce	 Whole grain   Plant based   Added plant protein   Chef's Special
	<b>Green Option</b>	 Chickpea Curry with Rice 	 Mild Mexican Chilli with Rice 	 Roasted Quorn, Roast Potatoes, & Gravy	 Smokey Bean Burger with Wedges & Tomato Sauce	 Cheese & Bean Pasty with Chips & Tomato Sauce	
	<b>Jacket/Baguette Option</b>	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	
	<b>Sides</b>	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	
	<b>Dessert</b>	<b>NEW</b> Banana Mousse	Orange Drizzle Cake	 Fruit Platter	 Apple Flapjack 	 Strawberry Jelly with Mandarins	
	<b>WEEK TWO</b> 20/04/2026 11/05/2026 08/06/2026 29/06/2026 20/07/2026 14/09/2026 05/10/2026	<b>Red Option</b>	 Cheese & Tomato Pizza with Summer Mixed Salad 	 Beef Chilli with Rice & Sweetcorn & Cucumber Salsa 	Roasted Pork or Halal Chicken Sausage, Roast Potatoes & Gravy	Greek Chicken Pitta with Herby Rice, Tzatziki & Salad	
<b>Green Option</b>		 Lentil & Sweet Potato Curry with Rice 	 Spaghetti & Meatballs in a Tomato Sauce	 Veg Wellington, Roast Potatoes & Gravy	Greek Spinach & Cheese Whirl with Herby Rice, Tzatziki & Salad	<b>NEW</b> Cheesy Broccoli Frittata with Chips	
<b>Jacket/Baguette Option</b>		Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	
<b>Sides</b>		Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	
<b>Dessert</b>		Iced Vanilla Sponge	Peaches & Ice Cream	 Freshly Chopped Fruit Salad	 Jam & Coconut Sponge with Custard	 Oaty Cookie 	
<b>WEEK THREE</b> 27/04/2026 18/05/2026 15/06/2026 06/07/2026 31/08/2026 21/09/2026 12/10/2026		<b>Red Option</b>	 Tomato Pasta	 Beef Burger with Potato Wedges & Rainbow Slaw	Roast Chicken/Halal Chicken, Mashed Potatoes & Gravy	 Chef Shilpa's Chicken Korma with Rice	
	<b>Green Option</b>	<b>NEW</b> Chinese Vegetable Noodles	 Mexican Bean Roll with New Potatoes & Rainbow Slaw	 Vegetable Loaf with Stuffing, Mashed Potatoes & Gravy	 All Day Vegetarian Breakfast	 Cowboy Sausage and Bean Hotpot	
	<b>Jacket/Baguette Option</b>	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	Jacket Potato with Filling/Tuna Mayo or Cheese Baguette	
	<b>Sides</b>	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	
	<b>Dessert</b>	Pineapple Upside Down Cake	Cheese & Crackers	 Fruit Medley	 Strawberry and Apple Crumble with Custard 	 Vanilla Shortbread	
	<b>AVAILABLE DAILY:</b>	Jacket Potatoes with a choice of fillings, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt					

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

# SPRING SUMMER MENU 2026

## WEEK ONE

13/04/2026  
04/05/2026  
01/06/2026  
22/06/2026  
13/07/2026  
07/09/2026  
28/09/2026  
19/10/2026

## WEEK TWO

20/04/2026  
11/05/2026  
08/06/2026  
29/06/2026  
20/07/2026  
14/09/2026  
05/10/2026

## WEEK THREE

27/04/2026  
18/05/2026  
15/06/2026  
06/07/2026  
31/08/2026  
21/09/2026  
12/10/2026

### AVAILABLE DAILY:

Jacket Potatoes with a choice of fillings, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Red Option</b>	V318 Macaroni Cheese	P24 Phat Pasty Pork Sausage Roll with SD6 Potato Wedges	C4/ C5 Roast Chicken, SD40 Stuffing, SD82 Roast Potatoes & SD118 Gravy	SD8 Spaghetti B48 Bolognaise	F6 Fishfingers with SD5 Chips & SD14 Tomato Sauce
<b>Green Option</b>	V321 Chickpea Curry with SD84 Rice	V309 Mild Mexican Chilli with SD84 Rice	V204 Roasted Quorn, SD82 Roast Potatoes, & SD118 Gravy	V323 SD17 Smokey Bean Burger with SD6 Wedges & SD14 Tomato Sauce	V191 Cheese & Bean Pasty with SD5 Chips & SD14 Tomato Sauce
<b>Jacket/Baguette Option</b>	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette
<b>Sides</b>	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
<b>Dessert</b>	D269 Banana Mousse	D182 Orange Drizzle Cake	D225 Fruit Platter	D171 Apple Flapjack	D235 Strawberry Jelly with Mandarins
<b>Red Option</b>	V231 Cheese & Tomato Pizza with SD126 Summer Mixed Salad	B49 Beef Chilli with SD84 Rice & SB37 Sweetcorn & Cucumber Salsa	P25 Roasted Pork or C137 Chicken Sausage, SD82 Roast Potatoes & SD118 Gravy	GR1 Greek Chicken Pitta with SD195 Herby Rice, GR3 Tzatziki & GR4 Salad	F3 Battered Fish with SD5 Chips & SD14 Tomato Sauce
<b>Green Option</b>	V108 Lentil & Sweet Potato Curry With SD84 Rice	SD8 Spaghetti & V237 Meatballs in a V225 Tomato Sauce	V232 Veg Wellington, SD82 Roast Potatoes & SD118 Gravy	GR2 Greek Spinach & Cheese Whirl with SD195 Herby Rice, GR3 Tzatziki & GR4 Salad	V336 Cheesy Broccoli Frittata with SD5 Chips
<b>Jacket/Baguette Option</b>	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette
<b>Sides</b>	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
<b>Dessert</b>	D177 Iced Vanilla Sponge	D166 Peaches & D13 Ice Cream	D223 Freshly Chopped Fruit Salad	D233 Jam & Coconut Sponge with D2 Custard	D85 Oaty Cookie
<b>Red Option</b>	V160 SD11 Tomato Pasta	B63 SD17 Beef Burger with SD6 Potato Wedges & SD92 Rainbow Slaw	C4 C5 Roast Chicken, SD1 Mashed Potatoes & SD118 Gravy	C86 Chefs Special Chicken Korma with SD84 Rice	F6 Fishfingers with SD5 Chips & SD14 Tomato Sauce
<b>Green Option</b>	V337 Chinese Vegetable Noodles	V161 Mexican Bean Roll with SD6 Potato Wedges & SD92 Rainbow Slaw	V13 Vegetable Loaf with SD1 Mashed Potatoes & SD118 Gravy	V249 All Day Vegetarian Breakfast	V307 Cowboy Sausage and Bean Hotpot
<b>Jacket/Baguette Option</b>	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette	SD55 Jacket Potato with V85 Cheese, SD22 Baked Beans, F11 Tuna Mayo//PL1 Baguette
<b>Sides</b>	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
<b>Dessert</b>	D262 Pineapple Upside Down Cake	D56 Cheese & Crackers	D224 Fruit Medley	D259 Strawberry and Apple Crumble with D2 Custard	D57 Vanilla Shortbread

### MENU KEY:



Whole grain



Plant based



Added plant protein



Chef's Special

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